



DANCE ATHLETICS FRISCO



DA

ALL STAR ELITE AND  
PREP TEAMS





# DANCE ATHLETICS FRISCO

YOU BELONG HERE

We are incredibly excited to release our information/audition packet for the upcoming 2024-2025 season. We look forward to another incredible season at Dance Athletics Frisco and are committed to building a tradition of excellence and instilling respect, structure and confidence in each and every athlete. We are excited to be bringing the best of the best in All Star Hip Hop to the DFW Metroplex!

We appreciate your interest in our All Star Elite Hip Hop Program and look forward to working with your dancers as we continue to promote personal achievement and the pursuit of excellence at Dance Athletics Frisco.

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## THE ALL STAR EXPERIENCE

Dance Athletics is an All Star Dance program, governed by the United States All Star Federation (USASF) for club dance teams. Dance style is a key component of All Star Dance ranging from Contemporary/Lyrical, Hip Hop, Jazz, Pom, Kick and Variety. Competition routines will incorporate many technical elements and skills specific to the dance styles

## DANCE ATHLETICS FRISCO

Elite All Star Dance is different from a performing company or a high school drill team. We follow mental and physical regulations provided by USASF that put the dancer's safety and best interest at the forefront of their training and competitive experience.

We currently offer classes for technique, combo as well as tech/conditioning.

From a team stand point we currently focus on the Hip Hop Style, and plan to add other styles in the future.

## YOU BELONG HERE

Whether your athlete is a Tiny or a Senior, the lessons learned through All Star Dance are unmatched. All Star helps athletes acquire valuable skills and develop friendships that will later serve them in all facets of life. Communication and leadership skills, respect, self confidence, time management, and discipline are just a few of the areas that your athlete will learn to excel in. From their younger years through high school, we believe investing in your athlete's dance ability, training, character, and future.





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## AUDITION PROCESS

The athletes will be given choreography dates to attend based upon their age group. Attendance is mandatory and if you are unable to attend you can contact the dance coordinator for videos. They will then be given a few days to practice on their own before returning the following week for auditions. Any athlete unable to make the audition must contact the dance director for further instruction.

In addition to the choreography, dancers will be asked to perform their best tumbling/tricks.

We create teams by grouping dancers with the proper age group, who also have similar skill sets, which varies year to year.



## TEAM PLACEMENT

Dancers will not only be separated in to teams by skillset, but age as well, specifically based off of their birth year. **Dancers are required to attend all audition times that their birth year is included in.** Listed below is the 2024–2025 USASF dance age grid for reference.

- **TINY NOVICE** 2017–2021
- **TINY** 2017–2020
- **MINI** 2014–2019
- **YOUTH** 2011–2016
- **JUNIOR** 2008–2014
- **SENIOR** 6/1/2005–2012
- **OPEN** on or before 12/31/2009



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## CHOREOGRAPHY CLINICS DATE AND TIMES

**Thursday May 23rd**

**3:30-5:00-Prep Only- (All Ages)**

**5:00-6:30- (Birth Year 2011-2020)**

**6:30-8:00- (Birth Year 6/1/2005-2010)**

## AUDITION DATES AND TIMES

**Tuesday May 28th**

**4:00-5:00-Prep Only- (All Ages)**

**5:00-6:00- (Birth Year 2011-2020)**

**6:00-7:00- (Birth Year 6/1/2005-2010)**

## AUDITION ATTIRE

- Black Leggings
- Black Fitted Tank Top
- Jazz Shoes, Pirouettes, etc.
- Tennis Shoes
- Low, Slicked Back, Middle Part Ponytail
- NO JEWELRY OF ANY KIND
- Performance Makeup



## AUDITION REGISTRATION

Dance Athletics All Star Elite Teams are \$75.

Dance Athletics Prep Teams are \$75.

To register for Auditions, visit:



**SCAN  
ME!**





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## FINANCIAL RESPONSIBILITIES

Thank you for the careful consideration of your financial commitment involved with being a member of our All Star Elite Team and Prep Programs. We are committed to being upfront with our costs. Tuition includes competition entry fees, required/mandatory practices, team tuition, and all fees associated with being a part of a competitive team. Monthly fees will include the athlete fee required for two nationals trips plus local competitions. These fees are added and divided equally around the 12 months of our season and will be billed monthly.

Monthly tuition does not include annual membership fees and post-season fees and travel. Tuition is divided equally across the twelve month season and will be billed on the first of each month. You will be assessed monthly fees starting in June 2024 through May 2025. Once dancers are placed in our All Star Elite program, your family is financially committing to the 12-month season. Each family must have a credit card on file. This credit card will be used for ALL payments and will be charged on the 1st of every month. Each family will have the opportunity to pay in any form of payment prior to a due date.

## CUSTOMER PORTAL

Cheer Athletics is switching customer portal platforms for the 2024-2025 season. An installment fee of 0.9% will be incurred with each charge. The installment fee will be waived for customers that choose to pay the 2024-2025 season's tuition in full by June 30, 2024. No refunds will be given for those who pay in full.

## ADDITIONAL FEES

The purchase of the following items is required upon making the team and is NOT included in monthly tuition.

- 1 practice wear set
- Tennis Shoes (Hip Hop Teams)
- Team Makeup
- Shoes/Tights
- Annual registration Fees-\$79 per athlete
- Costumes
- Music fee \$50 (billed in August)

## MONTHLY TUITION

### Tiny Novice/ Prep Teams

1 practice (2 hours/week)  
\$250/month

### Mini and Youth Elite/Prep Teams

2 practices (2 hours each a week)  
300/month

### Junior Elite/Prep Teams

2 practices (2 hours each a week)  
300/month

Extra practice will be added as needed and are mandatory.



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## LOCAL COMPETITIONS AND PERFORMANCES

Dance Athletics Frisco teams will compete in 3-4 local competitions. The fees for these competitions are included in monthly fees. All dancers will also participate in Blue Debut.

## TRAVEL

The whole Elite program will travel to ONE Nationals outside of Texas. Teams may travel to an additional National Competition outside of the metroplex/state. Travel will be set with the competition schedule, we try to plan as much as possible for travel but will need to make the schedule with the events that work the best for the teams. The competition schedule is subject to change. The registration fees for these trips are included in the monthly fee. However, all families will be responsible for their own airfare and hotel rooms as advised by Dance Athletics. All travel dates will be announced by August 2024.

## POST SEASON EVENTS

Will be determined by the type of bid as well as dependent on team makeup.

## CLASSES/TRAINING

Classes are not mandatory but can be helpful, including participating in technique training.

Dancers will have the opportunity to partake in private lessons if they need additional help with skills or choreography.

Check out the portal for class information.



# DA FRISCO 24-25 CALENDAR

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**Memorial Day** - No Practices/Gym Closed Friday, May 24th through Monday, May 27th

**First Team Practices** - Will start the week of, June 2nd CAPS Meeting at the start of each practice.

## **Independence Day**

No practices Friday, June 28th through Saturday, July 6th  
ALL teams return to regular practice schedule on Sunday, July 7th  
Gym closed - Saturday, June 29 through Saturday, July 6th

**Labor Day** - No practices/Gym Closed Friday, August 30th - Monday, Sept 2

**Fall Break** - No Practices Saturday, Oct. 12th & Sunday, Oct. 13th  
\*\*please note we WILL be open and have practices on Monday, Oct. 14th

**Blue Debut** -TBD\*

**Thanksgiving** - No practices Saturday, Nov 23rd - Saturday, Nov 30th  
ALL teams return to regular practice schedule on Sunday, Dec 1st  
Gym closed Wednesday, Nov 27th - Saturday, Nov 30th

**Winter Break** - No practices Friday, December 20th - Saturday, January 4th  
ALL teams return to practice on Sunday, January 5th  
Gym closed Friday, Dec 20th - Wednesday, January 1st

**Spring Break** - No practices – Sunday, March 16th - Saturday, March 22nd  
ALL teams return to regular practice schedule on Sunday, March 23rd  
Gym remains open for classes, Open Gym, private lessons and Special Events

**Easter** – No team practices. Gym closed - Sunday, April 20th

Last Practice for 2024-25 Season - The Week of, May 8th





# 2024-2025

## OUR PROGRAMS

- All Star Cheer
- All Star Dance
- Camps and Clinics
- Club STUNT
- Custom Choreography
- Events + Rentals
- Open Gym
- Private Lessons
- Team Training
- Tumbling Classes

