



# Preschool / Mini Dance Classes

## TINY TOTS CREATIVE MOVEMENT (AGES 2-3)

Introduce your 2-3 year old dancer to ballet and tap. This is a 45 minute creative movement class that explores rhythm and movement associated with these two forms of dance. We will use various props and games while teaching our tots the terminology of ballet and tap. In addition, we will explore how our body moves and what body parts to use to accomplish a variety of ballet and tap steps.

## KITTY CLAWS (AGES 3-5)

Kitty Claws is the perfect class for children ages 3-5 who are interested in exploring both dance and cheer/tumble all in one class! This class is not only filled with dance and tumbling, but also fun, music and games.

## TWIRLING TUMBLERS (AGES 3-5)

Students will dance and tumble through this 1.5 hour class as they explore ballet, creative movement, and Acro/Tumbling fundamentals. Students will also learn basic dance and tumbling terminology and enjoy fun games and music. Twirling Tumblers is open to boys and girls ages 3-5. Students must be potty trained.

## PRE-K & MINI HIP HOP (AGES 3-5)

Hip Hop dance classes will work on all facets of Hip Hop culture, from the old school street basics to the current styles and choreography of today. Hip hop dancers will learn how to isolate their body and move to a syncopated rhythm. Dancers will work across the floor, center-floor and incorporate basic Hip Hop tricks. Preschool Hip Hop will incorporate tumbling skills.

## SEMESTER SCHEDULE STRUCTURE

Like most sports, dancers grow in their consistency and skill set when they are training to some extent year-round. So that we can best provide opportunities for dancers to continuously train, we will be moving to a "Semester Structure" within our scheduling as follows:

Winter/Spring Semester: January-May

Summer Semester: June & July

Fall Semester: August-December

## PRE BALLET/TAP (AGES 3-5)

This class is geared towards our 3-5 year old dancers and introduces the basics of ballet terminology and technique as well as tap skills in a fun, creative environment. Dancers will learn through games, dancing and movement while working on fine motor skills and coordination.

## COMBO (AGES 3-5) / MINI STYLE CLASSES (AGES 5-6)

Each of our combo style classes will focus on the basics of dance and will teach young dancers a variety of dance styles such as Ballet, Tap, Jazz, Pom and Leaps and Turns.

## MINI ACRO/TUMBLING (AGES 5-6)

Our Acro/Tumbling classes are designed for the newest tumblers ages 5-6. This class will focus on flexibility, along with beginning acro/tumbling skills such as: Bridge Ups, Back Bends, Handstands, Forward Rolls, Front Limbers, Front and Back Walkovers, Cartwheels, Round-offs, Chin and Elbow Stands. These acro skills are typically incorporated into dance routine styles for Hip Hop, Jazz and Lyrical.

## PERFORMANCE OPPORTUNITIES

Our new semester structure allows us to showcase dancers' skills and their growth in a Production or Showcase at the end of the Winter/Spring & Fall Semesters! This will take the place of our traditional Rec Rewards and will include our entire program. Starting in Summer 2022, you will also be able to access a digital skill card/progress report through your Parent Portal account that will allow you to follow your dancer's growth!

## CLASS & REGISTRATION INFORMATION

### 2024 Monthly Tuition for Semester Enrollment:

*Studio will be closed December 24-January 6, 2024 for Winter Break and March 31 for Easter.*

45 min class \$73.20/month

60 min class \$90/month

90 min class \$128/month

### Monthly Billing Process:

*Semester enrollment has monthly billing on the first of each month. Tuition is a set amount each month regardless of the number of weeks (average is slightly over four weeks over the course of 2022.) Enrollment is for a full semester with a minimum of a three-month commitment. This is similar to our current session enrollment and allows families to make enrollment changes as needed due to a dancer's interest, abilities and schedule changes. Drops and transfer requests must be submitted by the 15th and will be effective the 1st of the following month (after initial three month enrollment.) We will continue to evaluate each dancer's skill level and may suggest promotion or transfer to another level or style within a semester.*

## ANNUAL MEMBERSHIP FEE

Each student must pay an annual membership fee of \$55 per student or \$80 per family in order to participate in a DA class. This fee is paid annually & covers administrative & insurance costs.

## MAKE-UP CLASSES

A makeup token will be automatically generated for **one missed class per month**. Additional tokens will be generated for cancelled classes. Tokens may be redeemed within 60 days for classes in the same program and class level via the customer portal. A confirmed makeup reserves a spot for an athlete. Due to the limited numbers of athletes permitted, same day makeup class cancellations or missed makeup classes will not be rescheduled. Athletes must be actively enrolled to schedule and participate in makeup classes.

## FOR MORE INFORMATION

To reach the Recreational Dance Director, email **Misty Little** at [misty@danceathletics.net](mailto:misty@danceathletics.net).

To reach our Business Office Staff, contact us at 720.749.3500 or visit our website at [www.DanceAthletics.net](http://www.DanceAthletics.net).

### West Building:

333 Dad Clark Drive, Highlands Ranch, CO 80126

### Peak Facility:

399 Dad Clark Drive, Highlands Ranch, CO 80126

*On occasion, for special events, classes may be relocated to the Peak Facility. Notification will be given if there are any adjustments to be made.*



Class QR

### TINY TOTS CREATIVE MOVEMENT (AGES 2-3)

(P) Thursday	10:15-11:00am	Studio 2
Friday	10:30-11:15am	Studio 2
(P) Saturday	8:30-9:15am	Studio 2
Saturday	10:15-11:00am	Studio 2

### KITTY CLAWS (AGES 3-5)

(P) Thursday	11:00am-12:30pm	Studio 2
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### TWIRLING TUMBLERS (AGES 3-5)

(P) Tuesday	10:15-11:45am	Studio 2
(P) Friday	9:00-10:30am	Studio 2
Saturday	11:15am-12:45pm	Studio 2

### HIP HOP / TUMBLE (AGES 3-5)

Tuesday	5:30-6:30pm	Studio 2
(P) Saturday	11:00am-12:00pm	Studio 2

### COMBO CLASSES (AGES 3-5)

#### PRE BALLET/TAP

(P) Tuesday	2:30-3:30pm	Studio 2
(P) Wednesday	2:00-3:00pm	Studio 2
Friday	11:15am-12:15pm	Studio 2
Saturday	9:15-10:15am	Studio 2

#### BALLET/JAZZ

Tuesday	4:30-5:30pm	Studio 2
(P) Thursday	2:30-3:30pm	Studio 2

#### JAZZ/POM

Monday	4:30-5:30pm	Studio 2
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### MINI CLASSES (AGES 5-6)

Mini Ballet/Tap	Tuesday 4:30-5:30pm	Studio 3
Mini Leaps & Turns	Wednesday 4:30-5:30pm	Studio 2
Mini Pom	Wednesday 5:30-6:30pm	Studio 2
Mini Hip Hop	Thursday 4:30-5:30pm	Studio 3
(P) Mini Jazz/Contemporary	Friday 4:30-5:30pm	Studio 2
(P) Mini/Beginning Acro	Saturday 9:00-10:00am	WEST GYM
(P) Mini Twirling Tumblers	Saturday 1:00-2:30pm	Studio 2

### STUDIO KEY

Studio's 1, 2, & 3 are located at the **West Building.**

(P) Represents a **pending** class. If you are interested in one of these classes, ask about our wait-list options.

(\*) **Requires approval** from our Rec Dance Director.

(\*\*) Represents a **drop-in** and **pay per class**. No enrollment required.

#### **Dance Development Reminder:**

*Dancers develop at different rates and progression is based upon a variety of considerations including, but not limited to consistency in execution, muscle tone, and maturity. Dancers should expect to remain in a single level from one to two years.*

